



ST. EDWARD

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SCHOOL NEWS

FEBRUARY 2024

PRINCIPAL'S MESSAGE

As February unfolds, let's embrace the themes of love and Lent.

Let love guide our actions, fostering kindness and understanding.

Simultaneously, let's embark on a journey of self-reflection during Lent, uniting in prayer, fasting, and acts of charity.

Together, may this month be a testament to the love that binds us and the spiritual growth that defines us as a Catholic School community.

~Ms. Romano



Blessed Trinity has reached the half way point of the year with our students' completing exams and getting ready for the beginning of Semester 2. During exam week we were very happy to host the Family of Schools Boys and Girls Basketball tournament. Congratulations to all the students who participated – we hope everyone had a great time.

We would like to thank all of the parents and future Thunder who came out to our very successful Open House on January 18th. It was very exciting to see a packed house and the energy of our incoming Class of 2029.

Throughout the rest of January and into early February a representative from our Student Services Department will be visiting each Grade 8 class to help the students make their course selections for next year. The deadline for selecting and submitting courses, returning Course Selection Sign-off sheet and payment of Grade 9 Registration Fee of \$55 is FRIDAY, FEBRUARY 9TH.

Please contact Blessed Trinity – Mr. John Cino – 905-945-6706 Ext. 2330 or Mrs. Rose Bianco Ext. 2312, if any Grade 8 parent has any questions.

FAMILY MATH CHALLENGE

As a family, create a 3-D heart, using materials of your choice, that is taller than the shortest member of your family. Take a pic of the heart next to that person with a sign displaying the height of the heart in centimeters, meters or non-standard units of measure (i.e. # of forks tall, or # of stacked books tall) and submit by email to your teacher.

Entries are due February 26.

Good luck and HAVE FUN!

CATHOLIC SCHOOL COUNCIL

Our next CSC meeting is on February 5 @ 5:30pm.

We will be also serving pancakes on Shrove Tuesday and taking care of the Cobs Fundraiser this month.

If you would like to know more about getting involved or volunteering, please email stedwardcsc@gmail.com



FAMILY LITERACY AND GRANDPARENTS DAY

Thank you to all grandparents who visited our school on Family Literacy Day! Staff and students were happy to have shared this special day with you!

Thank you also to all staff for preparing activities and to MJ DiBartolomeo and April Pacey from CSC for helping with this day!



BE A BETTER HUMAN KINGS COURT ASSEMBLY

Congratulations to the following BABH Award Recipients for January:

Luca G., Henry M., Adrian S., Michael C., Lia Grace C., and Brooke D.

A special thank you to our Student Council for doing a wonderful job in leading us!



FAMILY MATH CHALLENGE

Thank you to all who participated and submitted entries! The winners for the month of January are...

Maia and Krystian B.

Congratulations!





SAFE ARRIVAL PROGRAM

Report your Child's Absence

The Niagara Catholic Safe Arrival system is accessible to parents/guardians to report their child's late arrival or absence quickly and conveniently.

There are 3 ways to report an absence:

Call the toll free number:
tel: 1-844-287-6287

Visit SchoolMessenger.ca:
go.schoolmessenger.ca

Or use the SchoolMessenger app.



SCHOOL CASH ONLINE

ncdsb.schoolcashionline.com

How Does This Work?

It's simple! Just follow the 4 easy steps to make payments. Then see your payment history and receive receipts via email.



SCHOOL DRESS CODE AND SPIRIT WEAR

maddelenas-uniforms.com

- Niagara Catholic has a standardized dress code for students in all of our Catholic elementary schools. All students wear navy blue bottoms and navy blue or white shirts.
- The elementary standardized dress code shirt must be plain (no logos or advertising) and buttoned in a respectable manner. Visible tshirts worn under the elementary standardized dress code top must be either navy blue or white.



BUSES AND KISS AND RIDE

nsts.ca

- Please use the Kiss and Ride Zone for quick pick ups/drop offs, and park in the parking lot for lengthier ones.
- Please do not let children walk alone through the parking lot.
- Please do not park in accessible parking spots unless you have a permit.

KIDS HELPING KIDS

Support Kids Helping Kids. Please make your donation through the Kids Helping Kids Link at School Cash Online.



Niagara Catholic's 26th Annual **Kids Helping Kids** fundraiser will take place from **February 12-23, 2024**. This year's event will jointly support the Niagara Children's Centre, as well as the Niagara Foundation for Catholic Education.

Kids Helping Kids is a fun, informal fundraiser, which supports these causes through paid participation in events such as Jersey Day, Hat Day and Creative Hair Day. Kids Helping Kids is open to students attending in-school and students in our virtual schools.

Donations to the **Kids Helping Kids** fundraiser can be made in School Cash Online.

For further information about the Niagara Foundation for Catholic Education, please contact Jim Marino, at 905.735.0240 ext. 210 or jim.marino@nfce.org. To find more about the Niagara Children's Centre, please visit their website: Niagara Children's Centre



FOLLOW US!

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X (formerly twitter):

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LENTEN PRAYER

“Father above, we thank you and praise you for the gift of this day. Lord, help us to grow in faith and love over these next forty days, and may we be brought even closer to you in our lives. Lord, you are our God and we are your people, may we never veer from the perfect path which you have set before us. Be our rock and our strength Lord Jesus. Amen.”

Niagara Region Public Health School Health Newsletter

February 2024

Welcome to Kindergarten!

Do you have a little one starting Kindergarten?

Parents and caregivers may have inquiries about what to anticipate as their children embark on their school journey. Working collaboratively with teachers, support staff, students, and parents, your School Health Nurse strives to create a healthier school community.



Check out our Welcome to Kindergarten video that reviews a few helpful reminders from Public Health!

- English: <https://youtu.be/mkJcbqwxwzzk>
- French: <https://youtu.be/eu20sVNoTOU>

Eating Disorders Awareness Week

From February 1st to 7th 2024 join, National Eating Disorder Information Centre and, eating disorder groups nationwide come together to observe **Eating Disorder Awareness Week**. This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for **parents and caregivers**. Below are some resources worth exploring:

- [Niagara Region x National Eating Disorder Information Centre “Transform the Narrative”](#)

Livestream

- [A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders](#)
- [A Guide to Discussing Your Concerns with Your Child's Primary Care Provider](#)
- [Coping Strategies for Families and Partners of an Individual Living With an Eating Disorder](#)



Educational Resources

Pink Shirt Day

Pink Shirt Day, also known as Anti-Bullying Day, is on February 28, 2023. Throughout February and the year, [CKNW Kids' Fund's Pink Shirt Day](#) raises awareness and funds for programs promoting children's self-esteem. Wear a pink shirt on this day to stand against bullying and contribute to creating a kinder, more inclusive world. Let victims know they're not alone; help and support are available.

Encourage your school to wear Pink Shirts on the 28 to show that you stand against bullying! For more ways to get involved visit _____

<https://www.pinkshirtday.ca/get-involved>.



Winter Walk Day

On Wednesday February 7th join schools across Ontario to celebrate [Winter Walk Day](#). While the cold air and snow might tempt you to drive, walking in winter can be enjoyable with some extra precautions. Here are tips for a safe and comfortable winter walk:

- Keep hands, head, and ears covered. Be sure hats and scarves do not block hearing or vision.
- Wear mittens, they keep hands warmer than gloves.
- Wear warm, waterproof boots with good treads for better traction on snow and ice.
- Wear wool or insulating clothing to help retain body heat.
 - Beware if the temperature falls below -25 °C or if the wind chill is -28 °C or colder. This is when exposed skin freezes in only a few minutes.
 - Change wet clothes as soon as possible - tuck extra socks and mitts into backpacks.
- Keep wearing sunscreen - yes, you can still get a sun burn in winter.
- Add reflective tape or tags on coats and backpacks.



Source: Green Communities Active & Safe Routes to School, Way to Go! School Program and Go for Green.

Check out Ontario Active School Travels [Winter Walk Day](#) webpage for promotional materials, resources, and activities below to help you celebrate WWD in your community! We're looking forward to seeing everyone in their cozy winter wear!